



We offer the **Dynamic FitKids Gym** program on Wednesdays during lunch from 12:00 noon till 1:00 PM. Each week the students will participate in a different lesson that includes the following components: *Warm up - Ball handling skills - Eye hand coordination activity - Partner or group cooperation activity - Gross motor skills – Dance - Individual instruction - Cool down*

The **Dynamic FitKids** program is designed to reinforce academics through movement. All of the students are active for the entire lesson learning new skills and practicing skills previously learned. Studies have shown that children who are physically fit perform better academically. The fee for the program is \$210.00 for an 8 week session. Each child registered will receive a **Dynamic FitKids T-Shirt**. To register your child, please complete the health form and return that along with the payment by to the front desk. For more information about Dynamic FitKids programs or parties please call 732-752-0910.

Fall Session 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8 & 12/15 - \$205. –T-shirt  
 Winter Session 1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16 & 3/2 - \$205. - Medal  
 Spring Session 3/9, 3/16, 3/23, 3/30, 4/6, 4/13, 4/20 & 5/4 - \$205. - Trophy  
**Commit to be Fit**, register for all sessions and save – pay only \$195.00 per session

The Children’s Academy of Springfield - Child’s Name: \_\_\_\_\_

Address \_\_\_\_\_ town \_\_\_\_\_ zip \_\_\_\_\_

Phone \_\_\_\_\_ Age \_\_\_\_\_ Email \_\_\_\_\_

Physical Limitations \_\_\_\_\_

Does your child have Asthma \_\_\_\_\_ Diabetes \_\_\_\_\_

Are there any special circumstances that we should be aware of to be more effective teachers?

My child is in good physical condition and is able to participate in physical activities. I understand that with all physical activities there is an element of risk involved. I agree not to hold Dynamic FitKids or its instructors liable to for any injuries sustained by my child during his / her participation in the Dynamic FitKids program.

I, \_\_\_\_\_, give my child \_\_\_\_\_, permission to participate in the Dynamic FitKids programs.

\_\_\_\_\_  
Signature of parent

\_\_\_\_\_  
date

**Please make checks payable to Dynamic FitKids & submit payment in full to the school office ASAP in ensure your spot.**

If you prefer to pay by credit card please email [ginger@dynamicfitkids.com](mailto:ginger@dynamicfitkids.com) to receive a Googlechek out link to pay securely online. You can also register online at [www.dynamicfitkids.com](http://www.dynamicfitkids.com)